



NZPCA Riders without horses programme

Starting date: 18th October

Aim:

- To support young people to develop horse management skills
- To encourage new members to join Māngere Pony Club

Programme

Riders without horses achievement certificate is a 10 week programme, covering basic horse management skills.

Topics covered include: care, health, grooming, paddocking, tack knowledge, how to mount & dismount, walk and trot, basic knowledge of dressage and jumping.

This is a horse management programme and does not include riding lessons. Participants need to be 9 years and over.

Each participant is assigned a record card which will be ticked off during the rallies. At the end of the programme, the participants will be awarded a certificate.

Benefits for participants:

- Join a pony club
- Learn horse management skills
- Learn how to safely work with horses
- Have fun and meet new people

Rally Turnout

Suitable covered footwear (no sandals or jandals)

No jewellery

Rally Timetable

Rallies are held on Tuesday evenings 5.30 – 6.45pm. In the winter term, rallies will be held every second week from 5 – 6pm.

Venue: Māngere Pony Club, 52b Wellesley Road, Māngere Bridge

Coaches: Adult pony club members with a coaching certificate or other suitable horse management experience.

Ten-week rally plan

<u>Dates</u>	<u>Topic</u>
Rally 1: 18 th October 5:30 – 6:45pm	Learn about Pony Club. Learn safety factors when handling ponies. Learn about the parts of the pony.
Rally 2: 25 th October 5:30 – 6:45pm	Learn to feed a tidbit, catch and let go, put on a halter, lead, tie up. Learn about the bridle.
Rally 3: 1 st Nov 5:30 – 6:45pm	Learn about grooming. Learn how to hold the reins in both hands and one hand. Learn about the saddle.
Rally 4: 8 th Nov 5:30 – 6:45pm	Learn about how to mount and dismount and how to sit in the saddle. Learn how to make the pony walk and halt. Learn about riding on the road. Learn about terms, measuring, colours and markings.
Rally 5: 15 th Nov 5:30 – 6:45pm	Learn how to put on, take off and care for a cover. Learn how to clean saddlery. Learn about why we clip horses and types of clips.
Rally 6: 22 nd Nov 5:30 – 6:45pm	Learn about poisonous plants. Learn about suitable paddocks. Learn how to groom more thoroughly.
Rally 7: 29 th Nov 5:30 – 6:45pm	Learn about why we feed, feedstuffs and rules of feeding. Learn about the care of the pony in different seasons. Learn to recognize when a pony is lame and signs of a healthy pony.
Rally 8: 6 th Dec 5.30 – 6.45pm	Learn about exercises and why we do them. Learn about ponies' paces. Learn the aids to turn and trot. Learn to handle a whip.
Rally 9: 13 th Dec 5.30 – 6.45pm	Learn the parts of the foot. Learn about shoeing. Learn about the reasons for poor condition, worms, bots and teeth. Learn about the dressage arena and test.
Rally 10: 20 th Dec 5.30 – 6.45pm	Learn about horses' vices. Learn about building fences and jumping tracks. Learn about problems jumping. Learn about the jumping position.

Cost for the 10-week programme:

\$175.00 (\$120.00 for programme +\$55.00 to join Pony Club NZ)

For more information and enrolments, contact Tracey: tracey.williams@aucklandcouncil.govt.nz